

## Botox (TM)

(Botulinum Toxin)

### 1 What is Bocouture® therapy?

Botulinum is a liquid that can be injected under the skin and can temporarily relax wrinkles in the forehead and eyebrows as well as the corners of the eyes sometimes known as crows' feet. It can do this by weakening the facial muscles, thereby reducing the ability of the muscles to contract and wrinkle the skin. It can be used to treat wrinkles that have already formed and also as a preventative treatment to stop wrinkles forming in the long term.

### 2 What are the benefits of Botox (TM)?

The benefits include reduced frown lines, reduced forehead lines and reduced "crow's feet" which all result in a younger looking, less stressed looking you. You will look like YOU, enhanced and rejuvenated!

### 3 What are the risks of Botox (TM)?

The Botulinum toxin has been used medically since 1980 for eye muscle disorders and is now used cosmetically. Results prove it is effective and safe to use.

The potential risks of treatment could be pain, bruising, swelling, numbness, lack of response in the treated muscle and perhaps eyelid swelling. Less common effects could be drooping of the upper eyelid or eyebrow.

You should not use this treatment if you have a nerve or muscle disease, are pregnant or at risk of being pregnant, or are breastfeeding.

### 4 How is it done?

The areas to be treated are cleansed with alcohol wipes and then tiny amounts of botulinum are injected into specific areas. This could be in between the brows, above the brows and at the side of the head near the eyes.

### 5 How long until I see results?

You may notice the treated muscles weakening after 3 to 5 days but the full effect will take about 1-2 weeks to become fully effective.

### 6 How long does the treatment last?

The treatment usually lasts about 3 or 4 months in women.



### 7 What should I do before treatment?

You should remove makeup on the area(s) to be treated and avoid the following:-

- Alcohol
- Aspirin
- Taking vitamin E for two weeks prior
- Ibuprofen (e.g. brand names Advil, Motrin, Brufen)

### 8 What shouldn't I do after treatment?

- Do not massage the treated area
- Do not lie down for at least 4 hours after treatment
- Do not apply heat to the treated area on the day of treatment or for 8 hours after treatment
- Avoid any activity that may cause facial flushing on the day of treatment including drinking alcohol, exercising and/or tanning

### 9 How do I book?

You will need a private consultation to discuss your personal requirements as everyone is different.

For a confidential, informal chat  
please call Jayne on:  
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