



Frequently Asked Questions

Breast Uplift

(Mastopexy)

1 What is it?

A Breast Uplift is a reshaping of the skin and breast glands.

2 How long does the surgery take?

The procedure is done under GA (General Anaesthetic). You will be asleep and it takes approximately 2 hrs.

3 Will I need stitches?

Yes and all wounds are closed with dissolving stitches to ensure you have the most comfortable recovery.

4 Do I have to stay overnight in hospital?

For a Breast Uplift you can usually be a day case but this will be discussed at your consultation as you may have other surgery at the same time.

5 How long will I need help after surgery?

Generally you will need to have some help with shopping and childcare for the first week at a minimum.

It is advisable not to lift anything heavy while your wounds are healing.

6 What bra should I bring to wear post op?

Ideally, you should wear a soft and supportive sports bra with no under wiring as the wiring can cause irritation and slow down the healing process.

Front fastening bras are often easier to use after surgery so you are not stretching behind you.

7 When will I have a check up post op?

Mr Lambe will review you in the clinic 2 weeks after surgery and remove your dressings and check your wounds are healing nicely.

8 How long will it be before I see my final result?

It is natural and normal for there to be some swelling after the surgery and this takes approximately 8 weeks to resolve.

Scars will initially look a little red and can take up to a year to look their very best.

Avoid using any creams on the wounds until advised by Mr Lambe.

9 What should I do if I am worried post op?

If you have any cause for concern after your surgery such as dressings being soiled or increasing pain and redness, then you should contact the hospital on the number provided on your discharge notes.

10 What are the possible complications?

All surgery has potential complications but in breast surgery there are common complications such as wound infections or a poor scar.

There is always a degree of asymmetry in breasts before the operation and post op but rest assured, Mr Lambe will keep this to a minimum.

11 What about nipple sensation?

When the nipple is moved it takes a healthy blood supply with it. Any problem with this can lead to loss of the nipple or part of it. Sensation in the nipples can be permanently altered after surgery.

12 What about breastfeeding?

Unfortunately it is highly unlikely that you will be able to breastfeed after this procedure.

This is another reason we ask patients to be sure that they have completed their family before embarking on surgery.

13 How do I book?

You will need a private consultation to discuss your personal requirements as everyone is different.

For a confidential, informal chat
please call Jayne on:
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