

Eyelift

(Upper and Lower Blepharoplasty)

1 What are they?

Upper - is an operation to remove excess skin and fat in the eye and eyelid to open up the eyes

Lower - is an operation to reduce bags and excess skin under the eyes.

2 Who should have it?

It is most beneficial for those who have had significant changes in the eye during the ageing process and want to look how they used to look when they were younger - less tired and more refreshed.

3 Who shouldn't have it?

As with most operations, patients who smoke, who are on anticoagulants. For eye surgery more specifically those who suffer from dry eyes.

4 What results can I expect?

After the operation patients have often remarked "I now look how I used to look!"

You should have a natural, rejuvenated appearance.

5 Can I have it done awake?

Upper - yes if you only have excess skin, no if you have excess fat to be removed

Lower - yes but this limits how much fat can be tailored in the lower eyelid so is ideally only for those who have an excess of skin alone.

6 What are the risks?

All surgery has risks of a poor scar but particular risks in eye surgery include a shift in position of the eyelid. Mr Lambe is therefore extremely careful and secures the position of the eyelid with a special stitch at the time of the surgery (known as a canthopexy).

If you suffer with dry eyes then these can be made worse as the incision under the eyelid can put the small oil secreting glands to sleep.

Any bleeding after surgery can be serious and for this reason Mr Lambe is meticulous. Blindness is a very remote and rare potential complication of any surgery on the eyes. This will be fully discussed with you at the time of surgery.



7 How long does the bruising and swelling last?

Most swelling resolves in 10 days but you may have some residual bruising that takes a little longer to settle and this can be covered with makeup.

8 What should I do post op?

You should ideally sleep in a "head elevated" position with a couple of pillows behind your head for the first couple of nights.

9 What shouldn't I do post op?

You should avoid bending over as this can raise your blood pressure and start to bleed.

10 How do I book?

You will need a private consultation to discuss your personal requirements as everyone is different.

For a confidential, informal chat
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