



Frequently Asked Questions

Breast Implants & Augmentation

1 What's an incision?

Your implant is placed through a small incision (or cut) in the crease of the breast, measuring approximately 5cm. This is closed with a dissolving stitch and trimmed when you are reviewed after 2 weeks. (They shouldn't be tampered with before this!)

2 Will I have scars?

All patients are repaired with the same technique but the final scar depends on how you heal and this is not under the control of the Surgeon. Usually the scars will start pink and then fade to a silvery line but in rare cases they can become thick and lumpy, this is known as a hypertrophic scar and very rarely keloid scars can develop, these are scars that spread outside the original incision site. These can be treated over time. Fortunately, most patients develop very good scars!

3 What's a haematoma?

All operations are done under direct vision where any bleeding is controlled. There is a small chance that you can bleed after any surgery and develop a haematoma (or solid swelling of blood). This would require a return to theatre to stop the bleeding point. The implant can then be replaced if necessary.

4 What if my breasts are asymmetric?

Most breasts are asymmetrical (non-identical) and there are always some small differences which will be addressed at a consultation (as some can become more obvious post-op) but most great Surgeons will try and address these slight differences during the operation.

5 What is a capsule?

All implants develop a scar around them known as a capsule and this is perfectly normal. However, over time in some patients the capsule can become hard, painful and change the shape of the implant, causing visible ripples or ripples that can be felt. Polyurethane implants have a lower incidence of this particular complication which is why Mr Lambe uses them.

6 Does breast implant surgery increase the risk of cancer?

Anaplastic Large Cell Lymphoma (ALCL) is a very rare cancer that MAY be associated with breast implant capsules. Approximately only 3 in 100 million women in the US are diagnosed per year. The relationship between breast implants and ALCL is unclear and is currently under investigation.

7 Can you guarantee my new Cup size?

No particular cup size is guaranteed but every effort is made for the patient to pick an implant of the correct dimensions to achieve the look they want. A fantastic development in ensuring patients are happy with their new breasts is to use 3D modelling software which enables patients to be scanned and have a clear picture of what they will look like post surgery.

8 How long until I see my final result?

You must allow time for all post-op swelling to settle before assessing your final size and buying new bras. The implants tend to sit a little high to start and settle under the influence of gravity into a more natural shape over time. This varies in each individual but is generally between 8-12 weeks.

9 Will I still have feeling in my breasts after implants?

The breast is lifted up to create a space for the implant and this can stretch the nerve to the nipple sometimes leading to either temporary or permanent change in sensation in the nipple area.

10 What bra should I wear post-op?

A soft cotton sports bra is best to wear post-op with no under-wiring so that it does not rub on any incisions. It is often more comfortable to have a front fastening style as the less stretching initially, the better the scars will heal.

11 How long do implants last?

Implant companies can only guarantee their implants for 10 years for legal reasons but they do not wear out in 10 years. If your implants are not causing you any problems and you are happy with them you do not need any further surgery.

12 Is it OK to breastfeed after implants?

Breastfeeding should be perfectly possible after a Breast Augmentation and there is no evidence of an increase in silicon in breast milk.

13 Will my implants move once inserted?

Shaped implants may rotate but the chance of this is reduced by careful dissection of the pocket and the use of textured implants which is why Mr Lambe uses them.

14 How do I book?

You will need a private consultation to discuss your personal requirements as everyone is different.

For a confidential, informal chat
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